



# IMMACULATE HEART OF *MARY*

Parish Mission + Mision Parroquial

*With Mary, we seek to know Christ better and to make him better known through our words and actions.  
Con María, deseamos conocer mejor a Cristo y darlo a conocer por medio de nuestras acciones y palabras.*

SIXTH SUNDAY IN ORDINARY TIME — FEBRUARY 16, 2025



**Feast of the Chair of St. Peter, *Relic of the First Pope & Apostle*  
Feast Day — February 22**

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Office Hours: Monday-Friday 9:00 am-4:00 pm

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**Bishop of the Diocese of Oakland**  
The Most Rev. Michael C. Barber, SJ  
+  
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## The Pastor's Page/Página del Pastor

Dear families of the Immaculate Heart of Mary,

When we think of the word "Beatitude" we think of today's discourse from Luke's Gospel, or the more familiar one from Matthew (which begins "Blessed are the poor in spirit . . ."). Actually, beatitudes occur throughout the prophets and Gospels.

Today in Jeremiah (with an echo in the psalm) we hear, "Blessed is the one who trusts in the Lord" (Jeremiah 17:7). Following his resurrection in John's Gospel, Christ proclaims, "Blessed are those who have not seen and have believed" (John 20:29). The evangelists placed these sayings throughout the Gospels as short reminders about the characteristics that one will find in a follower of Christ, characteristics that will help spread the Good News in this life and lead to eternal blessings in the next.

In Latin, the saints are called the *Beati*, the "Blessed," for they are the ones who lived the "blessed" life as described by Jesus throughout the Gospels. How blest are we when we also strive to make our own days a living beatitude!

Immaculate Heart of Mary, pray for us.

Fr. Quang

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Queridas familias del Inmaculado Corazón de María,

Cuando pensamos en la palabra "bienaventuranza" pensamos en el discurso de hoy del Evangelio según Lucas, o en el más familiar según Mateo (que comienza "Dichosos lo que tienen espíritu de pobre . . ."). En realidad, las bienaventuranzas ocurren en los profetas y evangelios.

Hoy, en Jeremías (con un eco en el salmo) oímos: "Bendito el hombre que confía en el Señor" (Jeremías 17:7). Luego de su resurrección en el Evangelio de san Juan, Cristo proclama: "iDichosos los que creen sin haber visto!" (Juan 20:29). Los evangelistas colocaron estos dichos por todos los evangelios como cortos recordatorios sobre las características de quien sigue a Cristo, características que ayudarán a diseminar la Buena Nueva en esta vida y llevarnos a la dicha eterna en la próxima.

En latín, los santos son llamados *Beato* o "Beatos" porque son aquellos que viven la vida "feliz" descrita por Jesús en los evangelios. ¡Qué dichosos somos cuando nos esforzamos por hacer de nuestros días bienaventuranzas vivas!

Immaculado Corazón de María, ruega por nosotros.

Padre Quang

### Weekday Masses/Misas Diarias

Monday, Wednesday, Friday: 8:00AM (English) - Tuesday, Thursday, Saturday: 8:00AM (Bilingual)

### Saturday Vigil Mass

5:00PM (English)

### Sunday Mass/Domingo Misa

7:30AM (English) - 9:00AM (English) - 10:45AM (Español) - 12:30PM (English) - 2:00PM (Español)

5:00PM - Traditional Roman Rite (Latin)

### Confessions

Tuesdays 6:00PM - 7:00PM & Saturdays 3:30PM - 4:30PM

**Regular Mass Schedule.**  
Holiday and Feast Days may be different.

## Prayers & Weekly Scriptures/Oraciones y Lecturas de la Semana

### MASS INTENTIONS FOR THE WEEK INTENCIones PARA MISAS DE LA SEMANA

#### Saturday, February 15th

8:00 am + Joseph Tan  
5:00 pm + Gravito Da Costa

#### Sunday, February 16th

7:30 am IHM Parishioners  
9:00 am + Gina Simonetti Lily  
10:45 am + Maria de la Luz & Maria Felix Villarreal  
12:30 pm + Vidal de la Vega  
2:00 pm Valeria Giselle and Kevin Ocampo –  
Health  
5:00 pm + Romeo Perez

#### Monday, February 17th

8:00 am Rickey Jackson - Special Intention

#### Tuesday, February 18th

8:00 am + Pris Cuevas

#### Wednesday, February 19th

8:00 am + Paul Kirka

#### Thursday, February 20th

8:00 am Jose Luis Rodriguez - Health

#### Friday, February 21st

8:00 am Marie Kendrat-Neubauer - Birthday

#### Saturday, February 22nd

8:00 am + Frankie Heinisch



**Hours of Adoration** are on Thursdays from 8:30AM to 6:00PM. On Fridays, Adoration begins at 8:30am and continues until 7:30am on Saturday. Please pray for increased vocations.

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**Horas de Adoración** son los jueves de 8:30AM a 6:00PM. Adoración los viernes empieza a las 8:30AM y continúa hasta el sábado a las 7:30AM. Por favor recen para que aumenten las vocaciones.

### Sick Relatives & Friends Prientes y Amigos Enfermos

Jim and Lee Huckstein, Ramon Antonio Toledo, Lyndsey Burrow, Ryan McCleod, Robert Wallpe, Chris Heuer, Tom Kane, Dawn Lanphere, Adrian Rojo \*\*\*Tom Smith, Marica Jacobo, Anika Cacik, Georgia Thompson, Emiliano Martinez, Tarrel Waters, Nancy Anicama, Mike Harris.

### MEANING OF THE LOGO of the Ordinary Jubilee of the Year 2025 Pilgrims of Hope

DICASTERY FOR EVANGELIZATION  
SECTION FOR FUNDAMENTAL QUESTIONS REGARDING  
EVANGELIZATION IN THE WORLD

The cross of Christ is the hope that cannot ever be abandoned because we are always in need of it, especially in the most difficult moments.

The figures represent humanity from the four corners of the World. They are embracing each other to illustrate the solidarity between the peoples, as the first holds onto the cross.

The Cross, in the shape of a sail, is transformed into an anchor that imposes itself over the waves in motion. A universal symbol of Hope.

The rough sea is a reminder of the difficulties of the pilgrimage of life. Often, personal events as well as those of the world, press on us more intensely, demanding a greater hope.

### READINGS FOR THE WEEK LECTURAS DE LA SEMANA

Monday:	335: Gn 4:1-15, 25 16bc-17, 20-21	Ps 50:1, 8, Mk 8:11-13
Tuesday:	336: Gn 6:5-8; 7:1-5, 10 3-4, 9c-10	Ps 29:1a, 2, Mk 8:14-21
Wednesday:	337: Gn 8:6-13, 20-22 8-19	Ps 116:12-15, Mk 8:22-26
Thursday:	338: Gn 9:1-13 19-23, 29	Ps 102: 16-18, Mk 8:27-33
Friday:	339: Gn 11:1-9 Mk 8:34—9:1	Ps 33:10-15
Saturday:	535: 1 Pt 5:1-4 Mt 6:13-19	Ps 23:-3a, 4-6
Sunday:	81: 1 Sm 26:2, 7-9, 12-13, 22-23 Ps 103: 1-4, 8, 10, 2-3 1 Cor 15:45-49	Lk 6:27-38

**Entrance Hymn****We Are the Light of the World**

Jean Grief

1. Bless-ed are they who are poor in spir-it,  
2. Bless-ed are they who are meek and hum-ble,  
3. Bless-ed are they who will mourn in sor-row,  
4. Bless those who hun-ger and thirst for jus-tice,  
5. Bless-ed are they who show oth-ers mer-cy,  
6. Bless-ed are hearts that are clean and ho-ly,  
7. Bless-ed are they who bring peace a-mong us,  
8. Bless those Who suf-fer from per-se-cu-tion,

1. Theirs is the king-dom of God. Bless us, O Lord, make us  
2. They will in-her-it the earth. Bless us, O Lord, make us  
3. They will be com-fort-ed. Bless us, O Lord, when we  
4. They will be sat-is-fied. Bless us, O Lord, hear our;  
5. They will know mer-cy too. Bless us, O Lord, hear our  
6. They will be-hold the Lord. Bless us, O Lord, make us  
7. They are the chil-dren of God. Bless us, O Lord, may your  
8. Theirs is the king-dom of God. Bless us, O Lord, when they

Ref. We are the light of the world, may our light shine be-fore all,  
That they may see the good that we do, and give glo-ry to God.

**Gloria***Mass of Redemption*

Glo-ry to God in the high-est, and on  
earth\_\_\_\_ peace to peo-ple of\_\_\_\_ good will.

We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory;  
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, only begotten son,  
Lord God, Lamb of God, son of the Father;  
you take away the sins of the world, have mercy on us,  
you take away the sins of the world, receive our prayer.  
You are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the most high, Jesus Christ with the Holy Spirit  
in the glory of God the Father.  
Amen, Amen.

**Responsorial Psalm**

Psalm 1 • Michel Guimont

Bless-ed are they, bless-ed are they who hope in the Lord.  
Blessed indeed is the man that yields its fruit in due season,  
who follows not the counsel of the wicked, and whose leaves shall never fade;  
nor stands in the path with sinners, and all that he does shall prosper. R.  
nor abides in the company of scorners, Not so are the wicked, not so!  
but whose delight is the law of the LORD, For they, like winnowed chaff,  
and who ponders his law day and shall be driven away by the wind;  
night. R. for the LORD knows the way of the just,  
but the way of the wicked will perish. R.

He is like a tree that is planted  
beside the flowing waters,

**Gospel Acclamation***Mass of Redemption*

1. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
2. Rejoice and be glad /  
your reward will be great in heaven R.

**Preparation of the Gifts****O How Blessed**

Dan Schutte

Verses

1. O how blessed are the poor in spir-it, the  
2. O how blessed are the meek and low-ly, for  
3. O how blessed are the pure of heart, for  
4. O how blessed those who fight for peace, the

1. king-dom of God is theirs. O how blessed those who  
2. they shall pos-sess the earth. O how blessed those who  
3. they shall be-hold God's face. O how blessed those who  
4. chil-dren of God are they. O how blessed those de-

1. dwell in sor-row, they sure-ly will be con-soled.  
2. thirst for jus-tice, they sure-ly will have their fill.  
3. mend with mer-cy, for-give-ness is their re-ward.  
4. spised and hat-ed, who bear it be-cause of me.

Refrain

Re - joice and be glad, be-loved of the Lord, the  
king-dom of heav-en is yours. The first shall be last, the  
last shall be first, for such is the wis-dom of God.

2

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**Holy, Holy, Holy***Mass of Redemption*

Holy, Holy,  
Holy Lord, God of Hosts.  
Heaven and earth are full of your glory.  
Hosanna, hosanna, hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna, hosanna, hosanna in the highest.

*Mass of Redemption* © 2010. Steven R. Janco. WLP Publications, Inc.**Memorial Acclamation***Mass of Redemption*

We proclaim your death, O Lord, and profess your resurrection  
until you come again.

*Mass of Redemption* © 2010. Steven R. Janco. WLP Publications, Inc.**Great Amen***Mass of Redemption*

Amen, Amen, Amen.  
Amen, Amen, Amen.

*Mass of Redemption* © 2010. Steven R. Janco. WLP Publications, Inc.**Lamb of God***Mass of Redemption*

Lamb of God, you take away the sins of the world,  
have mercy on us, have mercy on us.

Lamb of God, you take away the sins of the world,  
have mercy on us, have mercy on us.

Lamb of God, you take away the sins of the world,  
grant us peace, grant us peace, grant us peace, grant us peace.

*Mass of Redemption* © 2010. Steven R. Janco. WLP Publications, Inc.**Communion Hymn****We Are Many Parts**  
Marty Haugen

We are many parts, we are all one body,  
and the gifts we have we are given to share.  
May the Spirit of love make us one indeed;  
one, the love that we share, one, our hope in despair,  
one, the cross that we bear.

- God of all, we look to you, we would be your servants true,  
let us be your love to all the world.
- So my pain is pain for you, in your joy is my joy, too;  
all is brought together in the Lord.
- All you seekers, great and small, seek the greatest gift of all;  
if you love, then you will know the Lord.

**Center of My Life**

Paul Inwood

O Lord, you are the center of my life:  
I will always praise you, I will always serve you,  
I will always keep you in my sight.

1. Keep me safe, O God, I take refuge in you.

I say to the Lord, "You are my God.  
My happiness lies in you alone;  
my happiness lies in you alone."

2. I will bless the Lord who gives me counsel,  
who even at night directs my heart.

I keep the Lord ever in my sight;  
since he is at my right hand, I shall stand firm.

3. And so my heart rejoices, my soul is glad;  
even in safety shall my body rest.

For you will not leave my soul among the dead,  
nor let your beloved know decay.

Text: Psalm 16, verses trans. © 1963, The Grail, GIA Publications, Inc., agent;  
refrain, Paul Inwood, b. 1947, © 1985, Paul Inwood Published by OCP

**Recessional Hymn****Lead Me, Lord**  
John Becker

1. Blessed are the poor in spirit, longing for their Lord,  
for God's coming kingdom shall be theirs.  
Blessed are the sorrowing, for they shall be consoled,  
and the meek shall come to rule the world.

2. Blessed are the merciful, for mercy shall be theirs,  
and the pure in heart shall see their God.  
Blest are they whose hunger only holiness can fill,  
for I say they shall be satisfied.

Refrain  
Lead me, Lord, lead me, Lord, by the light of truth to seek and to find the nar-row way. Be my way;  
be my truth; be my life, my Lord, and lead me, Lord, to-day.  
1-2 To Verses Final  
day. And lead me, Lord, to-day.

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**Entrada****Pueblo Santo y Elegido**

Juan Martins

**Estrofas**

1. Ca - mi - na - mos ha - cia ti, \_\_\_\_ oh ciu-  
 2. A - van - za - mos, pe - re - gri - nos, con Je-  
 3. Quien tie - ne ham - bre de jus - ti - cia, quien an-  
 4. Re - u - ni - dos en laJ - gle - sia pro - cla-  
 5. Los ca - mi - nos de es - te mun - do son ca-  
 6. Cuan - do lle - gue el mo-men - to γ de

1. dad de nues - tro Dios, \_\_\_\_ cons-tru-yen - do en es - te  
 2. sús, nues - tra es-pe - ran - za. Él nos sal - va, Él nos  
 3. he - la la ver - dad, \_\_\_\_ en la me - sa del Se -  
 4. ma - mos su ver - dad: \_\_\_\_ Je - su - cris - to es el que  
 5. mi - nos sin fi - nal: \_\_\_\_ só - lo Cris - to es el sen -  
 6. nues - tra ho - ra fi - nal, \_\_\_\_ Je - su - cris - to, nues - tro her -

1. mun - do la ver - dad y el a - mor. \_\_\_\_  
 2. guí - a, con la luz de su pa - la - bra. \_\_\_\_  
 3. ñor, \_\_\_\_ su pa - la - bra en - con - tra - rá. \_\_\_\_  
 4. sal - va dan-do al mun - do su a - mis - tad. \_\_\_\_  
 5. de - ro que con - du - ce a la ver - dad. \_\_\_\_  
 6. ma - no, nos da - rá sue - ter - ni - dad. \_\_\_\_

**Estríbilo**

Pue - blo San - to ye - le - gi - do con - gre - ga - do en el a - mor,  
 vas bus - can - do, pe - re - gri - no, la ciu - dad de nues - tro Dios.

**Gloria***Misa Sol de Justicia*

Glo - ria a Dios en el cie - lo, y en la tie - rra  
 paz a los hom - bres que a - ma el Se - ñor. (Final: Amén)

Por tu inmensa gloria te alabamos, te bendecimos,  
 te adoramos, te glorificamos, te damos gracias,  
 Señor Dios, Rey Celestial,  
 Dios Padre todopoderoso.

Señor, Hijo único, Jesucristo;  
 Señor, Dios, Cordero de Dios, Hijo del Padre;  
 tú que quitas el pecado del mundo, ten piedad de nosotros;  
 tú que quitas el pecado del mundo, atiende nuestra súplica;  
 tú que estás sentado a la derecha del Padre,  
 ten piedad de nosotros;

Porque sólo tú eres Santo, sólo tú Señor,  
 solo tú Altísimo, Jesucristo,  
 con el Espíritu Santo en la gloria de Dios Padre. **R.**

**Salmo Responsorial**

Salmo 1 • Tony Alonso

Di - cho - so el hom - bre que ha pues - to su con - fian - za en el Se - ñor.

Dichoso el hombre que no sigue  
 el consejo de los impíos,  
 ni entra por la senda de los pecadores,  
 ni se sienta en la reunión de los cínicos;  
 sino que su gozo es la ley del Señor,  
 y medita su ley día y noche. **R.**

No así los impíos, no así;  
 serán paja que arrebata el viento.  
 Porque el Señor protege el camino de  
 los justos,  
 pero el camino de los impíos acaba  
 mal. **R.**

**Aclamación del Evangelio***Misa Sol de Justicia*

A - le - lu - ya, a - le - lu - ya, a - le - lu - ya.

Alégrese ese día y salten de gozo /  
 porque su recompense será grande en el cielo, dice el Señor **R.**

**Preparación de las Ofrendas****Felices**

Santiago Fernandez

1. Felices los pobres de espíritu,  
 porque de ellos es el Reino de los Cielos.  
 Felices los que sufren, los que lloran,  
 porque recibirán paz y consuelo.  
 Felices los que por la paz trabajan,  
 los hijos de Dios serán llamados.  
 Felices los hambrientos de justicia,  
 pues todos ellos quedarán saciados.

3. Felices sean los misericordiosos,  
 porque ellos obtendrán misericordia.  
 Felices sean los limpios de corazón,  
 porque verán a Dios, verán su gloria.  
 Felices los mansos y pacientes,  
 pues en herencia poseerán la tierra.  
 Felices si por mí son calumniados,  
 los recompensaré con vida eterna.

**Estríbilo**

Sean fe - li - ces, sean di - cho-sos, mués-tren-se siem-pre go -  
 zo-sos; si por mí son per - se - gui-dos yo los re - com-pen-sa -  
 ré. Sean fe - li - ces, sean di - cho-sos, mués-tren-se siem-pre go -  
 zo-sos; ca - da jn - stan - te con us - te - des es - ta - ré.

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**Santo***Misa Sol de Justicia*

Santo, Santo, Santo  
es el Señor, Dios del universo.  
Llenos están el cielo y la tierra de tu gloria.  
Hosanna, hosanna, hosanna en el cielo.  
Bendito el que viene en nombre del Señor,  
Hosanna, hosanna, hosanna en el cielo.  
Hosanna, hosanna, hosanna en el cielo.

Música: *Misa Sol de Justicia*, Peter Kolar © 2021. GIA Publications, Inc.

**Aclamación Conmemorativa***Misa Sol de Justicia*

Anunciamos tu muerte, proclamamos tu resurrección.  
Ven, Señor, oh ven, Señor.  
Ven, Señor Jesús.

Música: *Misa Sol de Justicia*, Peter Kolar © 2021. GIA Publications, Inc.

**Gran Amén***Misa Sol de Justicia*

Amén, Amén, Amén.  
Amén, Amén, Amén.

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**Cordero de Dios***Misa Sol de Justicia*

Cordero de Dios, que quitas el pecado del mundo,  
ten piedad de nosotros, ten piedad de nosotros.

Cordero de Dios, que quitas el pecado del mundo,  
ten piedad de nosotros, ten piedad de nosotros.

Cordero de Dios, que quitas el pecado del mundo,  
danos la paz, danos la paz, danos, danos, danos la paz.

Música: *Misa Sol de Justicia*, Peter Kolar © 2021. GIA Publications, Inc.

**Comunión****Cuando Comemos Tu Pan**

José Polanco

1. Es - te pan que tú nos das nos\_\_\_ brin - da fe -  
2. Si co - me - mos de tu pan nues - tro cuer - po  
3. Si co - me - mos de tu pan, tu\_\_\_ cuer - po nos

1. li - ci - dad. Él nos tra - e la ver -  
2. lim - pio es - ta - rá de pe - ca - dos, de mal -  
3. lle - na - rá, nues - tri pa - sos gui - a -

1. dad, nos\_\_\_ lle - na de a - mor y paz.  
2. dad: la ver - dad\_\_\_\_ lo ha - bi - ta - rá.  
3. rá: con no - so - - tros vi - vi - rá.

**Estríbillo**

Ca - da vez que co - me - mos de tu pan, Se - ñor, se nos  
1) lle - na nues - tra vi - da de a - mor. 2) vi - da de a - mor.

**Bienaventurados**

Lourdes Montgomery

1. Bienaventurados, pobres de la tierra,  
porque de ustedes es el reino de Dios.  
Bienaventurados los que pasan hambre,  
los que lloran sangre por amor a Dios.

**Estríbillo**

Alégrese y llénense de gozo,  
porque les esperan maravillas en el cielo.  
Alégrese y llénense de gozo,  
bienaventurados serán.

2. Bienaventurados los desesperados,  
serán consolados por Jesús, el Rey.  
Si eres buen amigo, si eres buen vecino,  
estará contigo nuestro hermano, Jesús.
3. Bienaventurados los sacrificados;  
los desamparados serán grandes ante Dios.  
Tiende más tu mano, haz a todos hermanos  
con tu cristianismo y amor a Dios.

Letra: Basada en Mateo 5, 3-12. Letra y música © 1999, Lourdes C. Montgomery.  
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**Salida****El Sendero de la Vida**

Lourdes Montgomery

**Estríbillo**

Me en - se - ña - rás el sen - de - ro de la vi - da,  
me sa - cia - rás de go - zo en tu pre - sen - cia,  
dea - le - grí - a per - pe - tu a tu de - re - cha,  
dea - le - grí - a per - pe - tu a tu de - re - cha.

**Estrofas**

1. Pro - té - ge - me, Dios mí - o, pro - té - ge - me, Dios mí -  
2. Por e - so se mea - le - gra, a - le - gra el co - ra - zón,

1. - o, \_\_\_\_\_ que me re - fu - gio en  
2. \_\_\_\_\_ se go - - zan mis en -

1. Ti. Pro - té - ge - me, Dios mí - o, pro -  
2. tra - ñas. Yo des - can - sa - ré, \_\_\_\_\_

al Estríbillo

1. té - ge - me, Dios mí - o, sin Ti to - do es mal.  
2. no me en - tre - ga - rás a la muer - te o co - rru - p - ción.

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February 16, 2025

## Sixth Sunday in Ordinary Time

Jer 17:5-8 | 1 Cor 15:12, 16-20 | Lk 6:17, 20-26

Written by  
THE  
FAITHFUL  
DISCIPLE

### GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

"It is so good to be poor, to have nothing, to await all from God!" These sentiments of the humble French religious sister St. Jeanne Jugan sum up the spirit of Jesus' words in today's Gospel. Jesus praises poverty, hunger, sadness, and rejection, but certainly not as ends in themselves; God does not take pleasure in our suffering! He does use our suffering, however, to awaken us to our need for him. Poverty can spur us to pursue *heavenly goods*, and thus Jesus assures the poor, "the kingdom of God is yours." Hunger can cause us to seek God who alone can truly satiate our desires, and thus Jesus says to the hungry, "you will be satisfied." Those who weep will laugh, Jesus says – so long as their sadness inspires them to seek happiness in the service of God and the joys of eternal life. For all of us, no matter our means or our circumstances, today's Gospel is a reminder to allow everything – including our difficulties, disappointments, and unfulfilled desires – to turn our hearts to God and rely on his loving care.

### GO EVANGELIZE

#### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

It can be difficult to practice the spirit of the Beatitudes (as the "blessings" in today's Gospel are called) in the moment. Suffering, distress, and confusion easily divert our attention from God as we attempt to "make the problem go away." Sometimes we are even tempted to give up, to turn aside from God, and to seek consolation in other things. This is exactly the opposite of what he wants for us, and for good reason! God knows that it is best for us to always rely on him. This is why, as today's first reading explains, the man who trusts in the Lord is secure – "like a tree planted beside the waters ... it fears not the heat when it comes" – and fruitful – "its leaves stay green." For those who trust in the Lord, help comes from the all-powerful, infinitely loving Creator of the universe. When we entrust ourselves to him, we have nothing to fear.

### ACCOMPANY

Is there someone in your life who is struggling with fear, loneliness, anxiety, or sadness? Take time to pray with that person and, together, try to discover God's invitation to a deeper reliance on him in the midst of the distress. These moments of suffering are never occasions for us to get "preachy." Instead, accompany your friend and be a reminder of the hope we have in God.

#### Oración San Miguel

San Miguel Arcángel,  
defiéndenos en la batalla.  
Sé nuestro amparo contra la  
perversidad y asechanzas del  
demonio. Reprímale Dios,  
pedimos suplicantes,  
y tú Príncipe de la  
Milicia Celestial,  
con el divino poder de Dios,  
arroja al infierno a Satán  
y a todos los espíritus malignos  
que andan dispersos  
por el mundo  
para la perdición de las almas.  
Amén.



#### Prayer to St. Michael

St. Michael the Archangel,  
defend us in battle,  
be our protection  
against the wickedness and  
snares of the devil.  
May God  
rebuke him we humbly pray,  
and do thou, O Prince of the  
Heavenly host,  
by the power of God,  
cast into hell Satan  
and all the evil spirits  
who prowl about the world seeking  
the ruin of souls.  
Amen

## Jubilee 2025 – Hope, Part 2

As mentioned last week, God supplies the best hope, the theological virtue of hope infused in our souls at Baptism. The *Catechism of the Catholic Church* says, "Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit." (1817)

Hope is our desire to fulfill the reason for our existence, to be with God forever in heaven, our true home. The passage mentions we trust in Christ's promises. In the Gospel of John, the Last Supper Discourses, Jesus tells the apostles and us, "Do not let your hearts be troubled. You have faith in God; have faith also in me. In my Father's house, there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you?" (John 14:1-2)

We cannot get to heaven on our own. There is no formula or number of prayers we must pray, and **our** strength will not get us there. We must rely on God's grace through the Holy Spirit, and God does not hide it from us or make it difficult to obtain! God does not play hard to get.

Again, the *Catechism of the Catholic Church* says, "The virtue of hope responds to the aspiration to happiness which God has placed in the heart of every man; it takes up the hopes that inspire men's activities and purifies them so as to order them to the Kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment; it opens up his heart in expectation of eternal beatitude. Buoyed up by hope, he is preserved from selfishness and led to the happiness that flows from charity." (1818)

Happiness is the default setting, as it were, in which we are made. Original sin clouds that, but it is in the heart of every person God creates. When our actions are ordered to the Kingdom of Heaven, to God's will, the virtue of hope dissipates that cloud of sin and lets the light of charity shine.

**Immaculate Heart of Mary, pray for us!**

## Jubileo 2025 - La esperanza, segunda parte

Como mencionamos la semana pasada, Dios nos proporciona la mejor esperanza, la virtud teologal de la esperanza infundida en nuestras almas en el Bautismo. *El Catecismo de la Iglesia Católica* dice: «La esperanza es la virtud teologal por la que deseamos como felicidad el reino de los cielos y la vida eterna, poniendo nuestra confianza en las promesas de Cristo y contando no con nuestras propias fuerzas, sino con la ayuda de la gracia del Espíritu Santo.» (1817)

La esperanza es nuestro deseo de cumplir la razón de nuestra existencia, estar con Dios para siempre en el cielo, nuestro verdadero hogar. El pasaje menciona que confiamos en las promesas de Cristo. En el Evangelio de Juan, en los Discursos de la Última Cena, Jesús dice a los apóstoles y a nosotros: «No se turbe vuestro corazón. Tenéis fe en Dios; tened fe también en mí. En la casa de mi Padre hay muchas moradas. Si no las hubiera, ¿os habría dicho que voy a prepararos un lugar?». (Juan 14:1-2)

No podemos llegar al cielo por nosotros mismos. No hay una fórmula ni un número de oraciones que debamos rezar, y nuestras fuerzas no nos llevarán hasta allí. Debemos confiar en la gracia de Dios a través del Espíritu Santo, iy Dios no nos la oculta ni nos la hace difícil de obtener! Dios no se hace el difícil.

También el *Catecismo de la Iglesia Católica* dice: «La virtud de la esperanza responde a la aspiración a la felicidad que Dios ha puesto en el corazón de todo hombre; recoge las esperanzas que inspiran las actividades de los hombres y las purifica para ordenarlas al Reino de los cielos; aleja al hombre del desaliento; lo sostiene en los momentos de abandono; abre su corazón en la espera de la bienaventuranza eterna. Animado por la esperanza, es preservado del egoísmo y conducido a la felicidad que brota de la caridad.» (1818)

La felicidad es, por así decirlo, el estado por defecto en el que hemos sido creados. El pecado original la empaña, pero está en el corazón de cada persona que Dios crea. Cuando nuestras acciones se ordenan al Reino de los Cielos, a la voluntad de Dios, la virtud de la esperanza disipa esa nube de pecado y deja brillar la luz de la caridad.

**iInmaculado Corazón de María, ruega por nosotros!**

## Information/Información

### St. Vincent de Paul for Friday's Food Pantry

For the weekend of February 23, please bring mac and cheese. THANK YOU!

+++

Para el fin de semana del 23de febrero, por favor traigan marron con queso. GRACIAS!

Greetings to all from Share-a-Mass Ministry. This is to remind everyone that we are still available to drive those in need of a ride to Mass. Unfortunately, since Covid, it is just Rita and I to drive. We usually attend the 12:30 pm Mass on Sunday; although, at times, we attend Saturday, 5:00 pm Mass.

Share-a-Mass only picks up those who live within the City of Brentwood. If you need a ride, and are ambulatory, please contact the Parish Office at 925-634-4154.

If you would like to join us in our ministry, we would welcome your assistance. It is a warming way to not only bring someone to Our Lord's Supper, but make new friends and parishioners. You need a certain level of car insurance, complete the Safe Environment Course and be fingerprinted.

### Attention:

For the past two months, we have had four instances of thefts: three statues and plaza fountain top. All instances have been reported to the police. We have also had a false fire alarm pulled. Some of these acts were caught on camera but because we had no reports, we were unable to locate them on camera. Please help us with reporting any unusual activity or if you notice something missing or damages. IHM Church needs your help. Thank you!

### Atención:

En los últimos dos meses, hemos tenido tres casos de vandalismo, tres estatuas y la parte superior de la fuente de la plaza. Todos los casos han sido denunciados a la policía. También hemos tenido una falsa alarma de incendio. Algunos de estos actos fueron captados por las cámaras pero, al no haber denuncias, no hemos podido localizarlos. Por favor ayúdenos reportando cualquier actividad inusual o si nota que algo falta o está dañado. La Iglesia IHM necesita su ayuda. Gracias!

### SCHEDULE OF SECOND COLLECTIONS

March 2 - Facility Improvement

March 16 - Catholic Relief Services

+++

### FECHAS DE SEGUNDAS COLECTAS

2 de marzo - Fondo del Mejoramiento de las Instalaciones

16 de marzo - Servicios Católicos de Ayuda



The office of the parish as well as the chapel will be closed on Monday, February 17, 2025 in commemoration of Presidents' Day.

La oficina de la parroquia y la capilla estarán cerradas el lunes, 17 de febrero, 2025 en conmemoración del día de los Presidentes.

The birthday of US President George Washington (Feb. 22) was first celebrated as a federal holiday in the United States in the 1880s. In 1968, the holiday was adapted to also honor the birth of US President Abraham Lincoln (Feb. 12) and moved to the third Monday in February.

### Widow/Widowers Group

Have you been widowed?

Are you finding it hard to cope?

Have you been able to create a new life for yourself? It helps to discuss and learn how others have met new challenges.

Loss and change are difficult but not unmanageable. Come to our Widow/Widowers Support Group and meet others who are experiencing similar changes. Join us every Thursday at 5-6:15 in the IHM Library. Optional dinner with group after the meeting at local restaurants.

Call Mary Ann Smith, 925-240-1706 if you have any questions.

IHM CYO  
BASKETBALL

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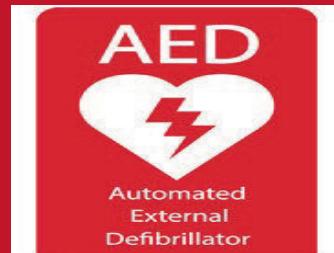
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Welcome Everyone to this free event by IHM CareTeam  
Learn Basic Life Support Inservice, Informational CPR AED

April 12 from 2-6 pm - IHM Hall

Register at the Office or online @ [A\\_Ellenberger@ihmbrenteood.com](mailto:A_Ellenberger@ihmbrenteood.com)

Soporte Vital Básico Inservice, Informativo RCP DEA

12 de abril de 2-6 pm - Salón IHM

Regístrate en la Oficina o en línea

A [Ellenberger@ihmbrenteood.com](mailto:A_Ellenberger@ihmbrenteood.com)

Para Abril 1, 2025



# The Jubilee Year 2025

## How to obtain Plenary Indulgence

*The Vatican has granted ways to receive Plenary Indulgences (removing temporal punishment of sins through Christ's merits) during the 2025 Jubilee Year*

### **An indulgence is received if the faithful:**

- 1) Participates in one of the *Ways to Receive Indulgence* below
- 2) Receives the Sacrament of Confession & Communion within 20 days
- 3) Offers a prayer for the Pope's Intentions and prays an "Our Father" and "Hail Mary"

### **Ways to Receive Indulgence**

- **Pilgrimage Visit** to either:
  - Oakland Diocese Mother Church - *Cathedral of Christ the Light, Oakland*
  - USA National Mother Church - *Basilica of the Immaculate Conception, Washington D.C.*
  - Roman Catholic Mother Church - *St. Peter's Basilica, Vatican City*
- **Pilgrimage "in spirit"** - for those with serious health conditions, an indulgence may be received by uniting spiritually with other pilgrims through online media (e.g. EWTN) and offers up their health sufferings of hardships to the Lord
- **Pastoral Visit** to the sick, prisoners, the disabled, and the elderly
- **Fasting and Abstinence** for at least a day
- **Volunteering for the Protection of Life** from Conception to Natural Death

## Cómo obtener la Indulgencia Plenaria

*El Vaticano ha concedido formas de recibir Indulgencias Plenarias (quitar el castigo temporal de los pecados a través de los méritos de Cristo) durante el Año Jubilar 2025*

### **La indulgencia se recibe si el fiel:**

- 1) Participa en uno de los *Modos de Recibir la Indulgencia* que se indican a continuación
- 2) Recibe el Sacramento de la Confesión y la Comunión en un plazo de 20 días
- 3) Ofrece una oración por las Intenciones del Papa y reza un "Padre Nuestro" y un "Dios te Salve, María"

### **Modos de Recibir la Indulgencia**

- **Peregrinación Visita** a:
  - Iglesia Madre de la Diócesis de Oakland - *Cathedral of Christ the Light, Oakland*
  - Iglesia Matriz Nacional de EE.UU. - *Basilica of the Immaculate Conception, Washington D.C.*
  - Iglesia Matriz Católica Romana - *St. Peter's Basilica, Vatican City*
- **Peregrinación "en espíritu"** - para aquellos con serios problemas de salud, se puede recibir una indulgencia uniéndose espiritualmente con otros peregrinos a través de medios en línea (p.ej. EWTN) y ofreciendo sus sufrimientos de salud
- **Visita Pastoral** a enfermos, presos, discapacitados y ancianos
- **Ayuno y Abstinencia** por lo menos de un día
- **Voluntariado para la Protección de la Vida** desde la Concepción hasta la Muerte Natural



IMMACULATE HEART OF MARY CHURCH  
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## Ministry Meetings/Reuniones de Ministerios

### Confessions / Confesiones

Tuesday/Martes: 6:00 - 7:00PM  
 Saturday/Sabado: 3:30 - 4:30PM

### Devotions/Devociones

Monday to Friday/Lunes a Viernes  
 7:30AM

### **Holy Rosary/Santo Rosario**

+

Wednesday/Miércoles  
 8:00AM Mass then 8:30AM

### **Mother of Perpetual Help Novena Novena Madre del Perpetuo Socorro**

+

Thursday/Jueves and Friday/Viernes  
 8:00AM Mass then 8:30AM

### **Divine Mercy Chaplet Novena Coronilla a la Divina Misericordia**

### Anointing of the Sick Unción de los Enfermos

### Home Communion Comunión a los Enfermos

Contact a priest / llame a un sacerdote

+

### Marriage/Matrimonios

Requires at least six month preparation  
 Requiere por lo menos 6 meses de preparación

### Baptism/Bautismos

(925) 634-4154

+

### Funerals/Funerales

Holy Cross Catholic Funeral Services  
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### Weekly Calendar/Calendario Semanal

#### Sun. Feb. 16th

11:00am	Mother/Daugther Lucheon	Hall B/C
---------	-------------------------	----------

#### Mon. Feb. 17th

8:45am	Men's Fellowship Group	Library
5:00pm	Legion of Mary/Eng	Library
6:00pm	Round Table /Sp	Mark
7:00pm	Pre-baptismal Class/Sp	Library
7:00pm	Emmaus Women Sp. Retreat Form.	Matt
7:00pm	Men of St. Jpseph	Luke
7:00pm	Escuela de la Cruz Mtg	John
7:00pm	Bible Study/Sp	Hall A

#### Tues. Feb. 18th

10:00am	IHM Crafters	Library
3:00pm	CCD/Eng	Hall A/B/C/All Classrooms
4:00pm	RCIC	Library
4:15pm	Edge/Middle School	Hall A/B/C/ All Classrooms
6:00pm	Legion de Maria/Sp	Chapel
6:00pm	Confessions	Church
7:00pm	CCD/Sp	Hall A/B/C/Jn/Lk/Mk
7:00pm	SPRED	Library/Matt
7:00pm	CCD Parents Class/Sp	Church

#### Wed. Feb. 19th

3:30pm	IHM Good Shepherd	Hall A/B/C/Jn
6:00pm	Confirmation/Teen	Church
	Hall A/B/C/Library/All Classrooms	

#### Thurs. Feb. 20th

10:00am	Women's Faith Sharing	Library
1:00pm	IHM Good Shepherd/Sp	Hall B/C/Jn
3:30pm	IHM Good Shepherd	Hall A/B/C/Jn
5:00pm	Widow/Widower Group	Library
7:00pm	RCIA	Mark
7:00pm	Discovering Christ	Library
7:00pm	Adult Confirmation	Luke
7:00pm	Emmaus Men/Sp Monthly Mtg	John

#### Fri. Feb. 21st

8:00am	SVDP	Hall A/B/C
3:30pm	Bible Study/Eng	Library
7:00pm	RICA/Adult Confirmation/Sp	John
7:00pm	C.O.V. Youth	Luke
7:00pm	Divine Mercy/Sp Cenacle	Library
7:00pm	Retreat/Escuela de la Cruz	Hall A/B/C

#### Sat. Feb. 22nd

9:00am	CCD/Eng	All classrooms/Library
11:00am	Marriage Prep Mentor/Session 2	John
3:30pm	Confessions	Church

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# IHM Safety Training



About 50 IHM parishioners attended the Pastoral Council sponsored CPR – AED training where they learned how to make our church and whole community safer. They also learned how to respond to choking, strokes, and heart attacks. There is a team of first responders and security people at all of our masses, keeping us safe behind the scenes. Pray for them.